



South Mountain Christian Camp is located at  
1129 South Mountain Road  
Bostic NC 28018

**PLEASE NOTE**

If you would like to come run the course ahead of time, please keep in mind that we have other guests on the property on most days, so please refrain from entering any of the buildings other than the brick bathhouse located near the ballfields.



# COURSE GUIDE

[www.SouthoftheMountainTrailRun.com](http://www.SouthoftheMountainTrailRun.com)



## Directions

1. Start on the gravel road on the northwest side of the Joy Center near a small wooden sign that says PRIVATE. Begin running toward the Joy Center, following the gravel road that passes by the fishing pond.
2. After passing the pond, turn right onto the wooded trail and follow this trail through the woods to the south side of the camp.
3. When you come to a clearing overlooking the lake, take a sharp left turn back to the north. The #8 disc golf basket is located in the area of this turn.
4. Run along the tree line, keeping the woods on your left and the meadow on your right.
5. When you reach the #14 disc golf tee, turn to the left into the woods.
6. Veer to the right running up the zip line path of the climbing tower.
7. Half way to the tower, veer to the right again toward the 10-foot wooden wall. Run past the left side of the wall; then follow the path.
8. When you reach the gravel road, veer left on the gravel road, but then turn right into the next section of trail.
9. At this point, the trail splits. There is a bridge to the right, but the 5k trail continues around to the left. Follow the orange markings.
10. As you near the maintenance area, the trail turns right. If you enter the maintenance yard, you missed the turn.
11. When you reach the end of the trail, continue straight up onto the gravel road and look for the old gravel path the curves around to the right. Follow this path past the old white house on your left.
12. When you reach the lake, turn left to run across the dam. Keep following the lake shore when you reach the far side of the dam.
13. When you reach this side of the lake, turn left onto the trail leading uphill into the woods. Before you reach the clearing at the end of this trail, there will be another trail on your right. Take this trail to the right.
14. The trail emerges onto a power line path. Turn downhill to the right and follow this trail. At the bottom of this hill, cross over the paved road onto the next section of trail.
15. Cross over a gravel road to continue on the trail.
16. Here the trail emerges onto a wider dirt path. Turn left onto this path.
17. As you exit the path, turn right onto the gravel road. Follow the gravel road toward the Joy Center.
18. To finish the 5k, run past where you started, until you reach the pond dam one more time. The finish line is just before you reach the dam.